

**B.A./B.S. HUMAN PERFORMANCE AND PHYSICAL EDUCATION  
DEGREE REQUIREMENTS (2019-2020)  
Emphasis in Physical Education (Non-Licensure)**

Student Name: \_\_\_\_\_

Mentor: \_\_\_\_\_

**GENERAL EDUCATION CORE REQUIREMENTS**

Course	Credit Hrs.	Term Taken	Grade
<b>First Year Experience</b> FYE 101.....	1	_____	_____
<b>English</b> ENG 101/101E.....	3	_____	_____
ENG 102/103 .....	3	_____	_____
<b>Literature</b> (3 hours selected from ENG 201, 202, 203, 204, 205, or 206)			
ENG _____ .....	3	_____	_____
<b>Speech</b> ENG/COMM 221.....	3	_____	_____
<b>Humanities, Writing, or Speech</b> (May be satisfied by completing 6 sequential hours of literature, or an upper level literature, writing, speech, history, or religion / philosophy course)			
_____.....	3	_____	_____
<b>Computer Literacy</b> MIS 110, 220, or 240.....	3	_____	_____
<b>Religion/Philosophy</b>			
REL 101 or 102.....	3	_____	_____
REL 101, 102, 201, 241, or 251.....	3	_____	_____
<b>History</b> (6 sequential hours 111-112 or 201-202)			
HIS 111 or 201 .....	3	_____	_____
HIS 112 or 202.....	3	_____	_____
<b>Math</b> MAT 231.....	3	_____	_____
<b>Natural Science</b>			
BIO 111.....	4	_____	_____
BIO 112.....	4	_____	_____
<b>Fine Arts</b> (3 hours selected from ART 121, ART 131, ART 143, ART 211, ART 251, MUS 231, MUS 233, MUS 235, MUS 236, or ENG/DRA 131)			
_____.....	3	_____	_____
<b>Physical Education</b> (any activity course)			
HPPE _____.....	1	_____	_____
<b>Social Sciences</b> (3 hours selected from PSY 113, SOC 211, BUS 201 BUS 202, or HIS 221)			
_____.....	3	_____	_____
<b><i>Satisfies B.S. Degree Requirement – Required Science</i></b>			
BIO 201.....	4	_____	_____
<b><i>For B.A. Degree ONLY – Additional Intermediate Foreign Language</i></b>			
FLG 2 _____.....	3	_____	_____
FLG 2 _____.....	3	_____	_____

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Courses	Credit Hrs.	Term Taken	Grade
<b>Required Science Courses</b> .....	<u>4</u>		
BIO 202 .....	4		
<b>Required Human Performance &amp; Physical Education Courses</b> .....	<u>19</u>		
HPPE Activity Course .....	1		
HPPE 200 Foundations of Health, Physical Education, and Sport .....	3		
HPPE 211 First Aid and Emergency Care .....	3		
HPPE 390 Research Methods in Human Performance .....	3		
HPPE 401 Exercise Physiology.....	3		
HPPE 406 Kinesiology/Biomechanics.....	3		
HPPE 499 Human Performance Capstone .....	3		
<b>Additional Required for Non-Licensure Emphasis</b> .....	<u>24-27</u>		
HPPE 111 Personal and Community Health .....	3		
HPPE 240 Nutrition for Health and Performance .....	3		
HPPE 320 Motor Learning.....	3		
HPPE 325 Activity Skills: Team and Individual .....	3		
HPPE 343 Essentials of Adaptive Physical Education .....	3		
HPPE 402 Administration of Physical Education and Sport.....	3		
HPPE 423 Test and Measurement in Physical Education .....	3		
HPPE 498 Human Performance Internship.....	3-6		
<b>Human Performance &amp; PE Electives (choose from the list below)</b> .....	<u>12</u>		
HPPE 210 Human Performance Practicum.....	3		
HPPE 321 Physical Education for Elementary Teachers .....	2		
HPPE 324 Philosophy and Techniques in Coaching .....	3		
HPPE 330 Assessment and Care of Athletic Injuries .....	3		
HPPE 345 History of Sport and Physical Education .....	3		
HPPE 430 Exercise Prescription & Fitness Appraisal .....	3		
HPPE 485 Driver Education.....	3		
HPPE 486 Advanced Driver Education & Safety .....	3		
HPPE 487 General Safety and Lab.....	1		
<b>Electives (choose from the list below)</b> .....	<u>6</u>		
PSY 211 Developmental Psychology-Lifespan.....	3		
PSY 308 Psychology of Learning and Cognition.....	3		
SOW 360 Multicultural Education .....	3		
<b>Elective Courses*</b> .....	<u>0-6*</u>		
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<b>Total Hours Required for Degree</b> .....	<u>121*</u>		

\*At least 45 hours must be upper-level (300 or 400)